





**Junior** 4th - 5th Grade

### **Badge**

#### **Trail Adventurer**



Join us for a 3-part hike of Southern Conservation Trust's properties! Begin your planning with your troop prior to the hike (step 3 & 4) and have questions ready for your SCT guide the day of each hike. We'll visit the Ridge, Sams Lake Bird Sanctuary and then Morgan Grove to learn a bit about each property, the types of wildlife you can find there, a bit of their natural history, and visit some of their unique features. We'll play a few trail games and see just how far we can go!

## Step 1: Choose your outdoor adventure

Day 1: The Ridge Nature Preserve

# 3 2-hour programs

Day Hiker (1.5 - 2 hours):

Talk to an expert trail hiker. Find out what they like best about what they do.

\$50/Girl Scout

- Day 2: Sams Lake
- \$55 w/patch
- Day 3: Morgan Grove

## Step 2: Plan and prepare

Before your hike, plan with your troop leader what days and times you'd like to visit the SCT properties.

- Some features you can expect to visit at the three nature areas:
  - Streams and mini waterfall at The Ridge
  - Wildlife viewing platforms at Sams Lake
  - Native Pollinator Garden

Get planning tips from an expert

Before the hike, get questions answered and a little history about the property, the trail we'll take and what we might encounter along the way

### Step 3 & 4: Gather your gear & Set goals

Done prior to hikes with your Girl Scout Troop

### Step 5: Go on your outdoor adventure

Play an adventure game (20 minutes):

Centipede game, Tree Needs